

# 1 Day Emergency First Aid at Work Course (EFAW) (HSE Approved)



1. Introduction

2. The Syllabus

3. Course Dates in Huddersfield 2009 / 2010

(Please note that this course can be run on your own site if you have a minimum of 6 candidates and appropriate training facilities)



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# INTRODUCTION

The 1 Day Emergency First Aid at Work Course (EFAW) is the qualification required if a person wishes, with approval from their employer, to act as a First Aider in the workplace environment. This 1 Day course is suitable for areas of employment considered to be “LOW RISK” i.e. offices, shops, libraries etc

This qualification is approved by the Health & Safety Executive (HSE) under the Health & Safety (First Aid) Regulations 1981.

The qualification can only be offered by approved HSE training organisations. The approval number can be requested from training organisations by potential customers to validate their approval rating.

The 1 Day (EFAW) course normally runs over 1 full day of 6hrs duration. However the course is flexible and can be run over any time duration to suit an employer's specific requirements e.g. related to shift patterns etc.

Two aspects of flexibility need to be taken into consideration:

1. Once the course starts, irrespective of the format the course must be completed within a maximum period of 3 weeks.
2. The smallest taught part of the course cannot be less than 2hrs duration.

There is no practical assessment at the end of this course, assessment is via the course instructor using a continuous assessment strategy throughout the course duration.

P.F.E. deliver this course throughout the U.K.

The course can be run on an employer's own site where suitable training facilities exist.

# THE SYLLABUS

The Course syllabus is laid down in the Approved Code of Practice of the Health & Safety (First Aid) Regulations 1981.

The syllabus, currently must be taught within the remit of the ACOP, although this may change in the future.

P.F.E. provide an Emergency First Aid at Work Handbook for each candidate attending this course. The Handbook covers the following aspects of the HSE syllabus:

1. Introduction to First Aid at Work & Role of the First Aider
2. The importance of basic hygiene in first aid procedures
3. Assessing the situation in order to act safely, promptly and effectively in an emergency
4. Administer first aid to an unconscious casualty / epilepsy
5. Administer CPR - Cardio Pulmonary Resuscitation
6. Administer first aid to a wounded or bleeding / shock casualty
7. Administer first aid to a casualty who is choking
8. Provide appropriate first aid for minor injuries.

Assessment is by continuous assessment on the course, there are no end of course examinations to perform.

Please note that the HSE expect you to attend a 3hr basic skills update course each year during the lifetime of your 3 year certificate. For information on the Basic Skills Update Course - click on the relevant tab on our main page under “COURSE INFORMATION”.

## COURSE DATES IN HUDDERSFIELD 2012

### 2012

#### JANUARY 2012

5th - 6th January 2012	(R)	Unit 21 Byram Arcade
9th - 11th January 2012	(Q)	Unit 21 Byram Arcade
12th January 2012	(EFAW)	Unit 21 Byram Arcade
16th - 17th January 2012	(R)	Unit 21 Byram Arcade
18th January 2012	(EFAW)	Unit 21 Byram Arcade
23rd - 24th January	(R)	Unit 21 Byram Arcade
25th - 27th January	(Q)	Unit 21 Byram Arcade
30th January	(EFAW)	Unit 21 Byram Arcade

#### FEBRUARY 2012

2nd - 3rd February 2012	(R)	Unit 21 Byram Arcade
6th - 8th February 2012	(Q)	Unit 21 Byram Arcade
9th February 2012	(EFAW)	Unit 21 Byram Arcade
13th - 15th February 2012	(Q)	Unit 21 Byram Arcade
16th February 2012	(EFAW)	Unit 21 Byram Arcade
20th - 21st February 2012	(R)	Unit 21 Byram Arcade
27th - 29th February 2012	(Q)	Unit 21 Byram Arcade

#### MARCH 2012

1st - 2nd March 2012	(R)	Unit 21 Byram Arcade
5th - 7th March 2012	(Q)	Unit 21 Byram Arcade
8th March 2012	(EFAW)	Unit 21 Byram Arcade
12th - 14th March 2012	(Q)	Unit 21 Byram Arcade
19th - 20th March 2012	(R)	Unit 21 Byram Arcade
21st March 2012	(EFAW)	Unit 21 Byram Arcade
26th - 28th March 2012	(Q)	Unit 21 Byram Arcade

#### APRIL 2012

2nd - 3rd April 2012	(R)	Unit 21 Byram Arcade
4th April 2012	(EFAW)	Unit 21 Byram Arcade
16th - 18th April 2012	(Q)	Unit 21 Byram Arcade
19th April 2012	(EFAW)	Unit 21 Byram Arcade
23rd - 24th April 2012	(R)	Unit 21 Byram Arcade
25th - 27th April 2012	(Q)	Unit 21 Byram Arcade
30th April 2012	(EFAW)	Unit 21 Byram Arcade

## COURSE DATES IN HUDDERSFIELD 2012

### MAY 2012

1st - 2nd May 2012	(R)	Unit 21 Byram Arcade
10th - 11th May 2012	(R)	Unit 21 Byram Arcade
14th - 16th May 2012	(Q)	Unit 21 Byram Arcade
17th May 2012	(EFAW)	Unit 21 Byram Arcade
21st - 23rd May 2012	(Q)	Unit 21 Byram Arcade
24th May 2012	(EFAW)	Unit 21 Byram Arcade
28th - 29th May 2012	(R)	Unit 21 Byram Arcade

### JUNE 2012

6th - 7th June 2012	(R)	Unit 21 Byram Arcade
11th - 13th June 2012	(Q)	Unit 21 Byram Arcade
14th June 2012	(EFAW)	Unit 21 Byram Arcade
18th - 19th June 2012	(R)	Unit 21 Byram Arcade
25th - 27th June 2012	(Q)	Unit 21 Byram Arcade
28th June 2012	(EFAW)	Unit 21 Byram Arcade

### JULY 2012

2nd - 4th July 2012	(Q)	Unit 21 Byram Arcade
5th - 6th July 2012	(R)	Unit 21 Byram Arcade
9th - 10th July 2012	(R)	Unit 21 Byram Arcade
11th July 2012	(EFAW)	Unit 21 Byram Arcade
16th - 18th July 2012	(Q)	Unit 21 Byram Arcade
19th July 2012	(EFAW)	Unit 21 Byram Arcade
23rd - 25th July	(Q)	Unit 21 Byram Arcade

### AUGUST 2012

1st - 2nd August 2012	(R)	Unit 21 Byram Arcade
6th - 8th August 2012	(Q)	Unit 21 Byram Arcade

### SEPTEMBER 2012

3rd September 2012	(EFAW)	Unit 21 Byram Arcade
4th - 5th September 2012	(R)	Unit 21 Byram Arcade
10th - 12th September 2012	(Q)	Unit 21 Byram Arcade
17th - 18th September 2012	(R)	Unit 21 Byram Arcade
19th September 2012	(EFAW)	Unit 21 Byram Arcade
24th - 26th September 2012	(Q)	Unit 21 Byram Arcade

## COURSE DATES IN HUDDERSFIELD 2012

### OCTOBER 2012

1st - 3rd October 2012	(Q)	Unit 21 Byram Arcade
8th October 2012	(EFAW)	Unit 21 Byram Arcade
15th - 16th October 2012	(R)	Unit 21 Byram Arcade
22nd - 24th October 2012	(Q)	Unit 21 Byram Arcade
29th October 2012	(EFAW)	Unit 21 Byram ARcade
30th - 31st October 2012	(R)	Unit 21 Byram Arcade

### NOVEMBER 2012

1st - 2nd November 2012	(R)	Unit 21 Byram Arcade
5th - 7th November 2012	(Q)	Unit 21 Byram Arcade
8th November 2012	(EFAW)	Unit 21 Byram Arcade
12th - 14th November 2012	(Q)	Unit 21 Byram Arcade
19th - 20th November 2012	(R)	Unit 21 Byram Arcade
26th November 2012	(EFAW)	Unit 21 Byram Arcade

### DECEMBER 2012

3rd - 4th December 2012	(R)	Unit 21 Byram Arcade
5th December 2012	(EFAW)	Unit 21 Byram Arcade
10th - 12th December 2012	(Q)	Unit 21 Byram Arcade

## DATES FOR 2013 TO FOLLOW

### KEY

Q = Qualifying (First Aid at Work)- 3 Day Course

R = Refresher (First Aid at Work)- 2 Day Course

AP = Appointed Person Course - 1 Day Course

EFAW = Emergency First Aid at Work Course - 1 Day Course

BSU = Basic Skills Update Course - 3 hour Update Course (**Recommended by HSE**)

AED = Automated External Defibrillator Course - 4hrs (Max)

Please note if none of the above dates are suitable and you have sufficient candidates - minimum of 6 - we can always create a new course specifically for you at our venue or alternatively on your own premises if you have suitable facilities, anywhere in the U.K.