3 Day First Aid at Work Course (HSEA Approved)



- 1. Introduction
- 2. The Syllabus
- 3. All Course Dates in Huddersfield 2016/2017





INTRODUCTION

The 3 Day First Aid at Work Course is the qualification required if a person wishes, with approval from their employer, to act as a First Aider in the workplace environment.

This qualification is approved by Health & Safety Education Approvals Ltd (HSEA) since 1st October 2013 and previously for 28 years by the HSE since 1985 under the Health & Safety (First Aid Regulations 1981.

To assist employers chosing to use P.F.E. First Aid Training Services Ltd as its training provider in terms of "due diligence" - the HSEA will provide, free of charge, a certificate to indicate that due diligence has been monitored and verified through their approval processes. This certificate can be downloaded from the P.F.E. Website, or on request to PFE via email.

The 3 Day course normally runs over 3 consecutive days of 6hrs duration (total = 18hrs). However the course is flexible and can be run over any time duration to suit an employer's specific requirements e.g. related to shift patterns etc.

Two aspects of flexibility need to be taken into consideration:

- 1. Once the course starts, irrespective of the format the course must be completed within a maximum period of 9 weeks.
- 2. The smallest taught part of the course cannot be less than 2hrs duration.

P.F.E. First Aid Training Services Ltd deliver this course throughout the U.K.

The course can be run on an employer's own site were suitable training facilities exist.

THE SYLLABUS

The Course syllabus is laid down in the Approved Code of Practice of the Health & Safety (First Aid) Regulations 1981.

The syllabus, currently must be taught within the remit of the ACOP, although this may change in the future.

P.F.E. provide an appropriate full colour A5 First Aid Handbook for each candidate attending its courses. The Handbook contains the following aspects of the HSE syllabus:

- 1. Introduction to First Aid at Work & Role of the First Aider
- 2. Basic Anatomy & the importance of basic hygiene.
- 3. Know how to deal with an unconscious casualty.
- 4. Administer CPR / Competency in use of AED / Choking
- 5. Deal with a wounded or bleeding casualty / shock
- 6. First Aid for minor injuries
- 7. Recognition of major illnesse: Diabetes / Epilepsy
- 8. Soft tissue injuries: Sprains / Strains/ Contusions
- 9. Fractures / Spinal Injuries / Chest Injuries
- 10. Burns / Scalds
- 11. Eye Injuries / Irrigation
- 12. Poisoning / Anaphylaxis

The BSU course is a strongly recommended 3 hour course to be taken at the end of year 1 and end of year 2 of the 3 year certificate. This course enables candidates to refresh their life saving skills and to remain competent and feel more confident in the application of their First Aid skills. Employers have a duty under the Health & Safety (First Aid) Regulations to ensure that additional training of First Aiders is catered for and the BSU course facilitates this recommendation.

The following courses are all held at our Byram Arcade venue in the Huddersfield Town Centre - easy access and just 2minutes walk from either train or bus stations

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NOVEMBER 2016

1st - 2nd November 2016	(R / P)
7th - 9th November 2016	(Q)
14th - 15th November 2016	(R / P)
16th November 2016	(EFAW / P)
17th - 18th November 2016	(R / P)
21st - 23rd November 2016	(Q)
24th November 2016	(EFAW /P)

DECEMBER 2016

5th - 6th December 2016	(R / P)
7th December 2016	(EFAW / P)
12th - 14th December 2016	(Q)
15th December 2016	(EFAW / P)
19th - 21st December 2016	(Q)

2017

JANUARY 2017

(R / P)
(Q)
(EFAW / P)
(R / P)
(EFAW /P)
(Q)
(R / P)

FEBRUARY 2017

1st February 2017	(EFAW / P)
2nd - 3rd February 2017	(R / P)
6th - 8th February 2017	(Q)
15th February 2017	(EFAW / P)
16th - 17th February 2017	(R / P)
20th - 22nd February 2017	(Q)

MARCH 2017

2nd - 3rd March 2017	(R / P)
6th - 8th March 2017	(Q)
9th March 2017	(EFAW /P)
16th - 17th March 2017	(R / P)
27th - 29th March 2017	(Q)
30th March 2017	(EFAW / P)

APRIL 2017

3rd - 4th April 2017	(R / P)
5th April 2017	(EFAW / P)
10th - 12th April 2017	(Q)
26th April 2017	(EFAW / P)
27th - 28th April 2017	(R / P)

MAY 2017

3rd - 5th May 2017	(Q)
8th - 9th May 2017	(R / P)
10th May 2017	(EFAW / P)
15th - 17th May 2017	(Q)
24th May 2017	(EFAW / P)
25th - 26th May 2017	(R / P)

JUNE 2017

5th - 6th June 2017	(R / P)
7th June 2017	(EFAW / P)
12th - 14th June 2017	(Q)
19th - 20th June 2017	(R / P)
21st June 2017	(EFAW / P)
28th - 30th June 2017	(Q)

JULY 2017

30E1 2017	
3rd - 4th July 2017	(R / P)
5th July 2017	(EFAW / P)
10th - 12th July 2017	(Q)
19th July 2017	(EFAW / P)
20th - 21st July 2017	(R / P)
26th - 28th July 2017	(Q)

AUGUST 2017

7th - 8th August 2017	(R / P)
9th August 2017	(EFAW / P)
14th - 16th August 2017	(Q)
23rd - 25th August 2017	(Q)
31st August 2017	(EFAW / P)

SEPTEMBER 2017

4th - 5th September 2017	(R / P)
6th September 2017	(EFAW / P)
11th - 13th September 2017	(Q)
18th - 19th September 2017	(R / P)
20th September 2017	(EFAW / P)
25th - 27th September 2017	(Q)

OCTOBER 2017

2nd - 3rd October 2017	(R / P)
4th October 2017	(EFAW / P)
9th - 11th October 2017	(Q)
16th - 17th October 2017	(R / P)
18th October 2017	(EFAW / P)
23rd - 25th October 2017	(Q)

NOVEMBER 2017

1st November 2017	(EFAW / P)
2nd - 3rd November 2017	(R / P)
6th - 8th November 2017	(Q)
13th - 15th November 2017	(Q)
20th - 21st November 2017	(R / P)
22nd November 2017	(EFAW / P)

DECEMBER 2017

4th - 5th December 2017	(R / P)
6th December 2017	(EFAW / P)
11th - 13th December 2017	(Q)

DATES FOR 2018 TO FOLLOW

KEY

Q = Qualifying (First Aid at Work)- 3 Day Course

R = Refresher (First Aid at Work)- 2 Day Course

EFAW = Emergency First Aid at Work Course - 1 Day Course

P - Paediatric Course either the 1 Day Paediatric Course or the 2 Day Paediatric Course

BSU = Basic Skills Update Course - 3 hour Update Course (Recommended by HSE & HSEA) (To attend a BSU course access the first 3hrs of any EFAW course 9am - 12noon)

Please note if none of the above dates are suitable and you have sufficient candidates - minimum of 6 - we can always create a new course specifically for you at our venue or alternatively on your own premises if you have suitable facilities, anywhere in the U.K.