

HEALTH & SAFETY COURSES



1. The Essentials of Health and Safety - Half Day

or

2. The Health & Safety Awareness Course - 1 Day



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THE ESSENTIALS OF HEALTH & SAFETY

The Essentials of Health & Safety Course is a half day course that can fit into a morning or an afternoon.

It forms an essential part of induction and awareness training.

The course covers is useful to be given to all employees on or before their first day of work. Ideal as an induction and awareness session to cover essential elements of health and safety.

The course covers:

- Accidents and Injuries
- Slips, trips and falls
- Protective Clothing
- Fire
- Manual Handling
- Working at height
- Risk Assessments
- Equipment
- Safety Signs

P.F.E. deliver this course throughout the U.K.

The course can be run on an employer's own site were suitable training facilities exist.

HEALTH & SAFETY AWARENESS COURSE

This course is taught over one full day or can be split into two half days. A more in-depth health & safety course

The course covers:

- Accidents and ill health
- Slips, trips and falls
- Health & Safety Law
- Risk Assessment
- Hazardous Substances
- Personal Protective Equipment
- Workplace health, safety and welfare
- Fire Prevention
- First Aid
- Work equipment and electricity
- Occupational Health and Noise
- Ergonomics and Workstation design
- Manual Handling

This course is ideal for organisations wishing to provide more in-depth health and safety awareness for their employees.



